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President's Message



As I write this, the temperatures appear to have skipped spring and gone straight into summer with the 90's forecast for this weekend. The busy spring district meeting schedule is coming to an end. On behalf of the board, I want to thank everyone who took the time to attend and we welcome all of the new officers who were elected to serve their districts. The proposed realignment was discussed with the affected districts and we received input from the carriers that the committee will consider. Remember that it is still in the discussion stage at this point and it will not be presented as a constitution change this year at this year's convention.

Speaking of the convention, I hope everyone has made their plans to travel to Atlantic Beach June 24-27. Our room block at the Doubletree has sold out and overflow is being handled by the nearby Hampton Inn at the same rate. We will have our very own Jeanette Dwyer as our national officer. Perhaps by this time, she can share more information about the engineered time study.

We will also have our annual PAC auction on Tuesday night. Please join us at the beach.

When you receive your ballot for delegates to the national convention, please take the time to vote and send it back in. This is your voice as to who will represent you at the convention.

Vice-President Brenda Gibbs and I will be attending the annual Legislative Seminar in Washington, DC May 19-23. There is some movement in the Senate regarding postal reform with S. 2629 being introduced with bipartisan support. H.R. 756 is still being considered in the House as well. We will be discussing the proposed legislation with the staffers and representatives.

There has also been legislation introduced to address uncredited temporary time after December 1988. If passed, the Federal Retirement Fairness Act would allow those affected to buy back their time with a one-time "catch up payment" which amounts to a deposit of 1.3 percent of their base pay for each year spent in temporary status, plus corresponding interest, and the amount the government would have contributed during those years, as calculated by the Office of Personnel Management. According to the representative who introduced

(Continued on page 3)

North Carolina Rural Letter Carriers' Association

Officers

PRESIDENT

MITCH REECE

211 Wheel Crest Drive
Winston-Salem, NC 27127-9729
Phone 336-764-2747
NCRLCAPresident@gmail.com

VICE PRESIDENT

BRENDA GIBBS

5877 Turner Smith Road
Browns Summit, NC 27214-9523
Phone 336-656-0123
NCRLCAVP@gmail.com

SECRETARY/TREASURER

VICKI GRAY

424 Wapiti Drive
Spring Lake, NC 28390-1562
Phone 910-745-8815
NCRLCASecTreas@gmail.com

Southeastern	8
Foothills	10
Durham County	12
Catawba/Lincoln	15
Harnett	32
McDowell/Mt Mitchell	36
Rockingham	46

Albemarle	2
Alleghany County	4
Peach Belt	5
Caswell County	14
Tri-County	25
Cleveland/Gaston	29
Union County	54

Roanoke Chowan	7
Wake County	24
Five County	28
Orange County	39
Person	41
Randolph County	42
Watauga/Avery	57

Executive Committee

FEHB

AUDREY SOLOMON

333 Jeribec Drive
Willow Springs, NC 27592-8093
Phone 919-639-0767
NCRLCAHealth@gmail.com

Alamance	1
Guilford County	30
Rutherford/Polk	47
Piedmont	50
Tar River	51
Tidewater	52
Wayne County	56

RETIREMENT

RENEE JOHNSON

383 Clint Johnson Road
Wilkesboro, NC 28697-7243
Phone 336-984-2368
NCRLCARetirement@gmail.com

Smoky Mountain	11
Sea Level	23
French Broad	31
Johnson County	34
Mecklenburg	38
Roanoke	44

SAFETY

SCOTT DEAL

201 S Center St
Taylorsville, NC 28681-2538
Phone 828-234-5593
NCRLCASafety@gmail.com

Brushy Mountain	3
Ashe	6
Burke/Caldwell	9
Central Carolina	16
Cumberland/Hoke	20
Yadkin River	26

Appointed Officers

CHAPLAIN

DOUG BYRUM

1112 Cuthbertson Road
Waxhaw, NC 28173-9751
Phone 704-843-3284

HISTORIAN

ROBERT A GURGANUS

376 Red Fox St
Shallotte, NC 28470-1813
Phone 910-269-8364

AUTO-HOME INS. REP.

BRIAN HAMLETT

7668 NC Highway 62 N
Blanch, NC 27212-9257
Phone 336-514-7406

P.A.C. CHAIRMAN

STEVE ROGERS

PO Box 11372
Winston-Salem, NC 27116-1372
Phone 336-414-7642
NCRLCAPACman@gmail.com

PROVIDENT GUILD

DALE SAIN

6289 Nobby Lail Rd
Connelly Springs, NC 28612-7425
Phone 828-461-5057
NCPProvidentGuild@gmail.com

WEB MASTER

JEFF ESSICK

Contact at
jeffessick@bellsouth.net

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Articles are the opinion of the Author and not necessarily the NCRLCA, the NCRLCA or the Editor.

the legislation, this is a lot of money up front, but many believe this is fair. The payment would cover the amount of money that would have been put aside if you had been a permanent employee, plus interest, which means taxpayers are getting a good deal. In return, those affected will receive the same level of benefits they would have received if they had been permanent employees all along. It does not affect just postal workers, but all temporary federal employees. This is the first movement on this issue in a very long time. We will have to wait to see if it gains support.

Another issue affecting us is the President's Task Force that addresses the United States Postal Service. According to President Dwyer, this is a serious attempt toward privatization of the Postal Service. We have had some of our congressional friends reach out to the White House regarding this. Hopefully, this will help in this matter.

On a personal note, this is my last article as your president. It has been a great honor and privilege to serve the carriers of this state during my time on the board. I have made many new friends in my travels across the state and have always made myself available for any questions or concerns. Our membership continues to grow, and we are in good shape for the future. I want to thank everyone for their support and advice over the past few years. I especially want to thank my wife, Christine, for her support and patience during this time.

Until next time, be safe out there.



Obituaries

Dean Eldreth Sr., 72, of Lansing passed away Saturday morning, March 3, 2018 at his home.

Mr. Eldreth was born in Ashe County on February 27, 1946 to the late Denver Coldiron and Nellie Medley.

He served in the United States Army. Dean served two tours in Vietnam, one as Commanding Officer of an infantry company and one as a helicopter pilot flying secret missions into Laos. Dean's awards for his service include the Silver Star, a Purple Heart, two Bronze Stars for valor, one Bronze Star for service,

(Continued on page 6)

Chaplain's Message **Doug Byrum, Chaplain**

REST FOR THE WEARY

Read Matthew 11:25 - 30

*Jesus said, "Come to me, all you who are struggling hard and carrying heavy loads, and I will give you rest."
~ Matthew 11:28 (CEB)*

As I was picking blueberries one July morning, I watched the heavily laden branches of fruit spring up little by little as the plump, juicy berries were removed. "Ahhh!" the bush seemed to say when its branches no longer hung down to the ground, putting stress on the woody stems. Seeing how the shrubs bowed beneath their substantial loads of berries made me think of Jesus' promise in today's verse.

Obviously blueberry bushes don't suffer from the same type of burdens that humans do. But like blueberry bushes, we can become weak and non-productive as we are weighed down by burdens. When we try to cope with problems all by ourselves, our health and lives are affected by worry, fear, anger, sadness and other destructive emotions. The burdens that weigh us down might be unmanageable work loads, financial worries, marital problems, family issues, illness, alcohol, drugs, or even problems within our church family. Like the blueberry bush, we need help in shedding our load. When we are weary, we can trust in Jesus, who promises to give us rest.

Thought for the Day:

*Jesus will
give me rest
when I give
my burdens
to him.*

Prayer: Heavenly Father, thank you for relieving us of our burdens. In Christ's holy name we pray. Amen.

PRAYER FOCUS:

THOSE THAT ARE STRUGGLING

North Carolina Rural Letter Carriers' Association
2018 State Convention, June 24-27 in Atlantic Beach, NC
Honored Guest Speakers



**NATIONAL RURAL
LETTER CARRIERS'
ASSOCIATION**

President Jeanette Dwyer

Jeanette P. Dwyer, of Lake Waccamaw, North Carolina, was re-elected President of the

National Rural Letter Carriers' Association at the 113th National Convention in National Harbor, Maryland on August 17, 2017.

She previously served as President from 2011-2017, Vice President from 2008-2011, and as Executive Committeeman from 2002-2008.

Jeanette began her postal career in 1981 as a Designation 73 substitute and became a regular carrier in 1987. She has devoted over 36 years to the rural carrier craft. She has served this Association as both Local Steward and State Steward, representing 3,548 routes in the State of North Carolina. She served on Task Force II, along with three other members, on the Stewards Reference Guide. She also served on the Appeals Committee at National Convention both as a member and chairman of the committee.

Jeanette served this Association six years as an Executive Committeeman, dealing with labor relations issues in five postal areas, with six USPS Area Vice Presidents. Her extensive labor relations background serves this Association well in her present position as President of the National Rural Letter Carriers' Association. She remains in touch with rural carriers at all levels so she can continue to be informed about the daily issues that confront our craft.

She continues to have the strong support of Larry, her husband of 48 years. They have one son, Andy, and a 15-year-old grandson, Bobby.

Jeanette will continue to work to represent the interest of all rural carriers, with the dedication to improve our lot and the resolve to stand up for the true value of rural delivery, by the best work force in the Postal Service.

**NATIONAL RURAL
LETTER CARRIERS'
AUXILIARY**

***Executive Committee
Martha Hornbostel***



Martha Hornbostel was elected to the Auxiliary National Board last year in National Harbor, Maryland.

She has been an Auxiliary member since 2011 and also serves as secretary/treasurer for the Kansas auxiliary.

She and her husband Jim, a full time rural carrier since 1994, live 45 miles from Walmart, 40 miles from McDonalds and hail from Palmer, KS, population 115: Saaaalute! (Remember HeeHaw?)

Martha and Jim, current Vice-President of the KSRLCA, are both excited for the opportunity to serve the Auxiliary (and Association) and meet its many members.

OTHER SPECIAL GUESTS

Russ Gardner, USPS Greensboro District Manager

Sandy Wyrick, USPS Mid-Carolinas District Manager

Linda Foran, Rural Carrier Auto & Home Insurance Plan Manger

Ali Sherrill, Supervisor, Aetna HealthCare

Trooper William Coley, NC State Highway Patrol

Josie Griffin, Supervisor, Carteret County Animal Control Services

Diane Yost, Vice President of Marketing, Atlanta Postal Credit Union

The Employee Assistance Program (EAP)

STATE CONVENTION



This year our state convention is being held at Atlantic Beach, one of the beautiful beaches of North Carolina's Crystal Coast.

Our North Carolina Crystal Coast is an 85-mile stretch of coastline that extends from the Cape Lookout National Seashore southwestward to the New River and includes 56 miles of incredible protected beaches.

It is common for the Crystal Coast region to be referred to as the Southern Outer Banks, to emphasize its connection to the main barrier islands of the Outer Banks. Cape Lookout has traditionally defined the southern border of the Outer Banks, and is also the northern point marker of the Crystal Coast. **Bogue Banks** is a 21-mile barrier island within the Crystal Coast. It is separated from the mainland by Bogue Sound, which runs east to west, creating ocean beaches that actually face south.

The Crystal Coast's picture-perfect seaside towns include Atlantic Beach, Beaufort, Emerald Isle, Morehead City, Cape Lookout, Swansboro, and Pine Knoll Shores among others.

There is a mixture of colorful history, quiet stretches of beaches, quaint small towns and historic homes along with beautiful, picturesque lighthouses and natural scenic beauty.

Various Native American groups originally called the Bogue Banks home prior to the settlement of the area in the late 1800s. Major historical figures in the region included pirates and pioneers. The Crystal Coast was a notorious stomping ground for the infamous pirate Blackbeard, whose flagship Queen Anne's Revenge wrecked on the shoals of Bogue Banks.

Many different historical sites such as Fort Macon, site of a major Civil War battle, and the Cape Lookout Lighthouse offer a look at the colorful history of Crystal Coast.

The beautiful waters of Crystal Coast are perfect for fishermen. All anglers over the age of 16 that wish to fish along the beaches, in the sound, or in any NC waters will need a NC Coastal Recreational Fishing License (unless you are on a charter fishing boat). Fishing licenses are inexpensive and easy to get at most any bait shop.

For a walk in the great outdoors, Hammocks Beach State Park has numerous trails great for spotting wildlife and bird watching.

There is something for everyone to do here. We hope you take the time to join us at the State Convention and take a little time to explore the area while you are here.

If Elected As A State Officer

If you are elected to the State Board at our State Convention please be aware that you will be required to remain after the conclusion of the State Convention on Wednesday for a Board Meeting.

This meeting will take place immediately after the convention. It takes approximately 2 hours.

If you are running for office please make arrangements to include this meeting your plans. It is required!

Brief Outline of the State Convention

On Monday morning we will have District Managers Russ Gardner from Greensboro and Sandy Wyrick from Mid Carolinas speak to us. There will be a lunch provided by the state for all attendees on Monday. We will also have other guest speakers throughout the day. We have invited AMS to speak to us regarding our edit books but that has not been confirmed as I write this.

National delegates will be announced on Monday.

On Tuesday we will have our National President Jeanette Dwyer as our guest speaker. She will inform us of the latest news from our association. President Dwyer will also answer questions from the floor and listen to your concerns. This is one way for you to bring your local issues to the attention of the National office.

Delegates will begin voting on any constitution changes and/or resolutions from our membership.

Tuesday evening we'll have our PAC meal & auction.

Final nominations and officer elections for your state board will take place on Wednesday. We usually adjourn by noon Wednesday.

and Military Aviator Wings along with many others.

He worked at the United States Postal Service as a rural carrier until he retired in 2008. He also worked for the Ashe County Sheriff's Department. Dean was a member of Bethany United Methodist Church.

He was also preceded in death by a sister, Sue Wiles; a stepfather, Woodrow Medley.

Mr. Eldreth is survived by his wife, Eleanor Delphias Eldreth; a son, Dean Eldreth, Jr.; two daughters, Evalyn Ashley and husband, Lynn, and Theresa Richardson. Two brothers, seven sisters; ten grandchildren, three great-grandchildren, and several nieces and nephews also survive.

Lee Slagle, 93, of Asheville, died March 17, 2018.

He is survived by his wife of 69 years, Myrle Parrish Slagle and a grandson: Roger F. Slagle and wife Jamie, and many nieces and nephews.

He was preceded in death by a daughter: Vickie Slagle Fortune in 2013 as well as all his sisters and brothers.

Lee served his country proudly as a World War II U. S. Army Veteran in Europe.

He was born in the Red Hill Community of Mitchell County, to the late Jake and Bessie Garland Slagle, lived in Westminster, Maryland after World War II, but lived most of his life in Burnsville. He was a former Police Chief for the Town of Spruce Pine, owned and operated Lil" Smoky Drive-In and the Amberjack Steak and Seafood Restaurant in Burnsville, and finally retired from the U.S. Postal Service as a Rural Letter Carrier in 1985, after twenty years of service.

Lee was a member of West Burnsville Baptist Church. He enjoyed square dancing, bowling, and raising cattle and Walker Hounds on his small farm in Burnsville.

Lee was a kind and gentle man who loved his family and fellowship with those around him. He will be missed, but left a lasting presence with all who knew him.

Philip Scott Morris, 78, of Maiden passed away, Monday, April 2, 2018.

Born March 27, 1940, in Rockingham County, he was the son of the late Daniel Scott and Beatrice Pritchett Morris.

In addition to his parents, he was preceded in death by wife, Barbara Daniels Morris, a brother, Daniel Wayne Morris and a sister, Francis Jones.

Left to cherish his memory are his daughter, Connie Morris, and his son, Tom Morris; his brother, Mike Morris and wife, Linda; his brother-in-Law, Jim Jones; and a number of nieces and nephews.

Phillip was a retired rural carrier from the Monroe office. Mr. Morris started his postal career as a sub in Hickory, NC. He was a regular rural carrier when he moved to the Monroe office, which he retired from in November 2002. He was also a Shop Steward and an Academy Instructor for many years before he retired from the post office.



Admah Lanier, Jr., 91, passed away on Wednesday, April 11, 2018.

Admah was born in Magnolia, NC, on November 7, 1926, to the late Ada Mae Everett Lanier and Admah Lanier, Sr.

Left to cherish his memory are his wife of 72 years, Maebell Wilson Lanier, and three sons, W. C. Lanier (Christine), Neil Lanier (Kathy), and Dean Lanier (Susan) as well as one daughter Kay Rochelle (Ed); 7 grandchildren; 14 great-grandchildren and one great-great grandchild, and many nieces and nephews.

The oldest of eight children, he is survived by four brothers, Joe Lanier, Cal Lanier (Carol), Robert Lanier (Joyce), and Bill Lanier (Leathia); two sisters, Marie Knowles, and Mary Ann Howard (Hubert). In addition to his parents, he is predeceased by his brother Herbert Lanier, his brother-in-law Robert Knowles and sisters-in-law Rosie Lanier and Estelle Lanier.

Admah retired after 30 years with the United States Postal Service as a rural carrier in the Wilmington area. In addition to working for the postal service, he farmed and developed real estate in both Pender and New Hanover counties. He was proud to serve his country in the United States Navy during World War II. Admah was also licensed to preach the Gospel and

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SAFETY
Scott Deal

Hello fellow carriers. It has been great getting to see some of you again. I have also enjoyed meeting some new folks at the spring district meetings that I have attended. If you have never been to a district meeting or you haven't attended in a while, I encourage you to come join us again in the fall to learn more about your craft and how the business of this association truly works.

Now on to safety.

As summer approaches, here are just some quick reminders of things to be aware of in terms of safety:

- **KIDS AT PLAY**—many will be home for the summer soon and playing outdoors and racing their siblings to the mailbox to see who can be first to get the mail.
- **LOOSE DOGS**—along with more children playing outside, so will their K-9 friends. Dogs typically become more territorial when around their “pack” so take that into consideration, and as always, carry a fresh can of dog spray with you when you dismount.

- **HEAT ILLNESS**—hydrate, hydrate, hydrate and repeat before, during, and after those steamy “dog days of summer”. Sorry-could not resist an attempt at humor...
- **MAILBOX MAINTENANCE**—use PS form 4056 if you need to bring attention to issues with any mailbox you have. For instance, a mailbox covered with brush impeding visibility. I recommend letting your Supervisor/Postmaster sign this form for two reasons. First, it makes management aware of the issue, so if the customer calls in they will know about the issue of concern. Second, management can give them a set date to correct the issue or mail delivery may be suspended.
- **INSECTS/BEES**—not just bee stings (although if you are allergic always have medication handy) but tick and mosquito bites and infections are rapidly increasing with warmer weather. The CDC emphasizes the importance for everyone—especially children—to be protected from outdoor pests with bug repellent.
- **POV COOLANT**—great time to be inspecting your cooling system before the summer heat. It's always a good idea to have extra water/coolant with you for your POV just in case...

I wish you all a happy and cool summer. Looking forward to seeing you in Atlantic Beach for our State Convention.

Be Safe—Always wear your seatbelt.



(Continued from page 6) Obituaries

was an active member of the Wilmington Baptist Association.

Chloe Lathan Phillips, 94, passed away Wednesday, April 4, 2018. She was born in Union County, NC on December 30, 1923.

Mrs. Phillips retired as Vice President of United Carolina Bank (now BB&T) after 41 years of service.

Chloe was a lifelong member of Bethlehem United

Methodist Church and very active in the United Methodist Women organization serving in various positions.

She was preceded in death by her husband, G. Harold Phillips. Harold was a rural carrier.

Mrs. Phillips was a member of the NCRLCA Auxiliary.



RETIREMENT

Renee Johnson

Your Retirement Questions Answered!

WHEN WILL I GET MY FIRST CHECK?
 CAN I KEEP MY FEHB INSURANCE PLAN
 WHEN I RETIRE?
 MUST I TAKE MEDICARE PART B?

Planning is the key for a successful retirement, and often requires visiting multiple websites to get all the information you need. Here are a few frequently asked questions, and their answers, from the Office of Personnel Management website (www.opm.gov).

[When will I get my first payment?](#)

In most cases, as soon as we get all of your retirement records, we provide interim payments. These payments represent a portion of your final benefit and are usually made on the first business day of each month. We try to provide you with income until we finish processing your application.

[How long does it take to withdraw money from the Thrift Savings Plan \(TSP\)?](#)

It may take up to eight weeks to process a withdrawal after all properly completed withdrawal forms and separation data have been received by the TSP Service Office. Further, the TSP Service Office cannot process a withdrawal election until they receive an Employee Data Record from your payroll office indicating that you have separated.

[How is the tax free portion of my annuity determined?](#)

Use our online calculator to compute the tax free portion of your annuity. http://apps.opm.gov/tax_calc/index.cfm Read about how the tax free portion of your annuity is determined. Your retirement contributions are shown on the 1099R form we send you each January for tax filing purposes. You can find information about computing the taxable portion of your annuity by going to IRS Publication 721 (Tax Guide

to U.S. Civil Service Retirement Benefits) on the [Internal Revenue Service](http://www.irs.gov) website. Search for Publication 721 and refer to “Part II Rules for Retirees”. You will find detailed information for disability and non-disability retirees, along with worksheets for computing the taxable portion. If your non-disability annuity started on/after July 2, 1986, a portion of each annuity payment is taxable and a portion is considered a tax-free recovery of your contributions to the retirement fund. If you retired under the disability provision, the disability annuity you receive from CSRS or FERS is taxable as wages until you reach minimum retirement age. Your retirement contributions are shown on the 1099R form we send you each January for tax filing purposes.

[When can I keep my health insurance benefits after I retire?](#)

You may continue your health insurance coverage only if you meet the following conditions:

- Your annuity must begin within 30 days or, if you are retiring under the Minimum Retirement Age (MRA) plus 10 provision of the Federal Employees Retirement System (FERS), health and life insurance coverages are suspended until your annuity begins, even if it is postponed.
- You must be covered for health insurance when you retire.
- You must have been continuously covered by the Federal Employees Health Benefits Program, TRICARE, or the Civilian Health and Medical Program for Uniformed Services (CHAMPUS):

- ↳ for five years immediately before retiring; or,
- ↳ during all of your federal employment since your first opportunity to enroll; or,
- ↳ continuously for full periods of service beginning with the enrollment that started before January 1, 1965, and ending with the date on which you become an annuitant, whichever is shortest.

[How can I apply for retirement?](#)

To qualify for payments from the Civil Service Retirement System (CSRS) or the Federal Employees Retirement System (FERS), you must submit a retirement application. They are available on the OPM website, as follows:

(Continued on page 9)

[Application for Immediate Retirement \(CSRS\), Standard Form \(SF\) 2801](#) [1.2 MB]

[Application for Immediate Retirement \(FERS\), Standard Form \(SF\) 3107](#) [1.0 MB]

[What should I do about Social Security?](#)

You should ask for a form SSA-7004-PC, *Request for Earnings and Benefit Estimate Statement*, from your local Social Security Office or visit their website at <http://www.ssa.gov>. If you submit this form, you will get a statement that provides information on your future eligibility for Social Security benefits and estimates of these benefits at specified dates. These estimates do not reflect any reduction for the Government Pension Offset or the Windfall Elimination Provision (WEP).

[What steps should I take when I get close to retiring?](#)

When you get within one year of [retirement eligibility](#), you should:

- Confirm when you will be eligible to get a retirement benefit;
- Decide when you want to retire;
- Get information about other benefits to which you may also be eligible, such as Thrift Savings Plan payment options and any other entitlements based on employment, for example: Foreign Service, Social Security, pensions from private industry, and Individual Retirement Accounts (IRA). You should have a fairly comprehensive picture of all sources of your retirement income and when each is payable.
- Tell your supervisor about your proposed retirement date. You should give sufficient notice to allow for planning for someone to take your place.
- Attend a pre-retirement counseling seminar.
- Make an appointment with your personnel officer to review your Official Personnel Folder (OPF) or its equivalent to make sure all your records are complete and accurate, all service is verified, and your insurance coverage is documented.

[How long does it take to process my retirement application?](#)

As of February 2012, OPM average processing time is 5 months from the date we receive your final paperwork from your human resources and payroll offices. Of the current pending claims workload, 47 percent are less than 2 months old and 25 percent are older than 6 months. If we need additional information from you or your former employing agency, your claim will take longer to process. Additional time will also be needed if we need to contact you to make a benefit election, such as a decision to make a service credit deposit, or if we need to contact an external agency, such as SSA for an offset calculation.

Important Notice



These responses are designed to answer questions that are of a general nature. We ask that you contact the U.S. Office of Personnel Management (OPM) to address your individualized concerns.

© U.S. Office of Personnel Management

Have you Retired?

Congratulations!

We hope you enjoy your retirement.

However, your dues withholding expired with your retirement.

To remain a member you must maintain your dues. You can sign up for withholding from your annuity by signing a new dues withholding form 1187-R.

Please contact Vicki Gray at 910-745-8815 if you have any questions

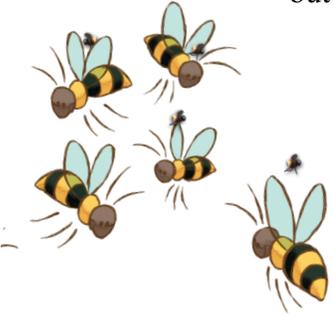
We hope you continue to remain a member.



RCHBP
Audrey Solomon

Summer is Here; So Are The Health Hazards

Yay, we have finally come into summertime. Along with the increased heat, we have increased hazards to our health. There are a few of insects that can cause severe allergic reactions. These insects include



but are not limited to Bees and Fire Ants.

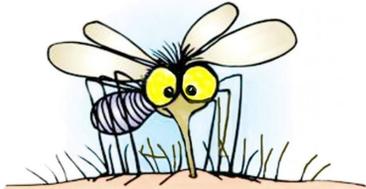
People that know they are allergic to these insects need to always carry an EpiPEN. Please see your physician to ensure your pen is current.

Crossing yards and even going down sidewalks can be hazardous to your health.

For example, falls from tripping over water hoses left lying across sidewalks. If a customer leaves hoses out on a regular basis, speak to your Postmaster or Supervisor to send a letter explaining the hazard or speak with the customer yourself.

Snakes, yes snakes, come out to sun. Watch out for poisonous Copperheads. They can blend in with most natural areas that have mulch or pine needles. Watch your step.

Fleas and mosquitoes can cause an annoying itch that can drive you crazy. Wear bug protection to help prevent bites.



Tick bites are on the rise per the Center for Disease Control. Ticks have been found to transmit the bacteria that causes Rocky Mountain Spotted Fever. This

disease may (but not always) cause a distinctive rash of tiny red spots. Symptoms also include fever, headache, and muscle aches. It can be

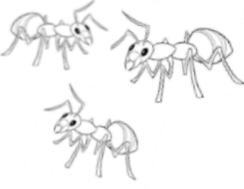


treated with antibiotics if it is caught early. Check yourself after walking through a yard or close to bushes while delivering.

Children and dogs. Children are out of school and playing outside. As you pull up to mailboxes, children are happy to see you. They may rush to get the mail from the mail box. **Please be careful.** Also be aware when pulling into a driveway to effect delivery. **Please turn around before dismounting.**

Dogs are the other part of this equation. Dogs will protect the children, homeowner, or yard (territory). Always be on the lookout for loose dogs!

These are just a few of the hazards to our health. Please be vigilant of where you step and account for all children.



HEALTH INSURANCE

Congratulations to all the new regular rural carriers. You have worked hard to get to this day. Please note when you start looking at all the different insurances the Federal Government offers, do compare. The Rural Carrier Health Benefit Plan is an excellent insurance; however, you must be a member of the rural carrier union.

Have a Happy and Safe Summer.





Vice President

Brenda Gibbs

The Importance of Participation in Your Union

It's true that it's tough to get members to meetings. In most families everyone works. Children need to be picked up and/or driven places, or perhaps there's a part-time job to get to. We all have other commitments. This makes it even more important for us to make Union meetings interesting, orderly, and concise. It's also important for us to share what we've learned and ask for participation and support from other members.

The lifeblood of any union is its membership. Without the members there is no union. Without the members participation a union cannot be an effective union. Simply put, **unions have power because of the collective strength of their membership**. Each of us alone has very little power in the face of the Postal Service. But together through the union, we can defend our interests and win better wages, benefits and working conditions. *But it does not happen simply because you pay your dues*. It does not happen because your leadership has superior intelligence or wisdom. The way we achieve power through the union is by **membership participation**. There are countless ways that you can participate. Below are twelve ways to participate. It begins in your office.

1. Check the rural carrier bulletin board in your office.
2. Assist in building a workplace based on trust and solidarity by sticking together and refusing to be picked off by management.
3. To the extent possible, always maintain cordial relationships with your coworkers.
4. Think, talk and act UNION every day!
5. Attend your district meetings.
6. Familiarize yourself with our Rural Carrier Contract.
7. File grievances in a timely manner when you become aware that the contract has been violated.
8. Read your *North Carolina Rural Carrier* and your *National Rural Letter Carrier* magazines.
9. Check out the North Carolina rural carrier website and the National rural carrier website regularly for updates on what is going on.
10. Stay current on union issues; in your office, at the district, state and national levels.
11. Attend your state and national conventions. This is one of the best ways to learn what is going on and a great place to voice your concerns and have your voice be heard. Get to know the union leadership.
12. **Most importantly, volunteer your services; ask what you can do to grow your union and make it stronger for you and your coworkers.**

Once eligible and knowledgeable of the issues, consider running for union office.

Wear your union T-shirt, jacket, hat, button, etc. to work and show your support for your union to both your co-workers and the company alike.

Mentor new employees and fellow union members, welcome them into the union and the workplace. Share the knowledge and wisdom that you have gained in your months/years as a rural carrier. It can be intimidating at first to play an active role in your union but it is very rewarding to help your fellow union members.

You have every right (in fact, the obligation) to participate in your union. Refuse to be intimidated by management. Speak your peace quietly and firmly, stand up for what is right. Stand up for your rights and the rights of your coworkers. Participate, learn and grow and you will find a warm and welcome place within the union.



**Auto-Homeowners'
Insurance Rep**
Brian Hamlett

Are You Covered?

Choosing a topic for these articles is not always easy. I try to ask myself a question about insurance that I don't know then find an answer. I've learned something new with most every article and I hope you all have, too.

I've heard about a rather unique system North Carolina has governing auto liability insurance. It's called the NC Reinsurance Facility. The following is taken from their website.

“Created in 1973, the mission of the **North Carolina Reinsurance Facility (NCRF)** is to ensure that all eligible risks can purchase auto liability insurance, to ensure the right premiums are collected and the correct losses are paid, and to minimize the impact on policyholders and companies in North Carolina.”

Basically there is a pool for high risk drivers to assure that all drivers can purchase liability insurance as required by law. It spreads the liability over all companies who write auto insurance policies in the state.

Insurance premiums collected from drivers rated as higher risk are turned over to or “ceded” to the NCRF along with the risk. It's designed to help keep insurance rates low for “clean risk” drivers. The risk level of drivers in NC is determined by the a point system called the NC Safe Driver Incentive Plan (NCS DIP) which I've discussed in a previous article.

The NCRF typically loses money every year due to pay on claims for the high risk drivers. That's why the law allows for a “Loss Assessment Recoupment” or “Allocation Surcharge” to be added to all NC auto insurance policies to cover the losses.

Recent changes allow for more transparency and these fees are now visible on every policy. If you see these charges on your policy know they have always been there, they're just upfront with them now and are not buried in the fine print.

If not for this system the insurance companies would have to charge higher rates for everyone to mitigate the losses on the high risk drivers. They would have to try to anticipate losses and spread them across all of their customers. This way the actual losses are recouped. No guessing.

North Carolina is generally ranked in the lowest third of all states for low liability premiums, due mostly to this system.

Keep in mind, I'm a rural carrier, not a licensed insurance agent. This is general information and questions about your policy should be directed to your insurance agent.

Linda Foran, however, is a licensed insurance agent. She is the administrator for the NRLCA Insurance Marketplace, the only auto insurance plan endorsed by the NRLCA, and will be our guest on Sunday and Monday of this year's State Convention.

If you already have your insurance through the NRLCA Insurance Marketplace she can answer any questions you may have. If not, she can tell you the benefits.

Hope to see you there!!



Get all the latest news at our website. www.NCRLCA.com

The 25 Documents You Need Before You Die:

No one wants to think about it, but we are all going to pass on from this world at some point. To help your family at that difficult time, be sure you have all your documents in order. Also, make sure you let your family know where these documents are kept. A will, a letter of instruction and any trust documents are a must have.

This list of the 25 Documents You Need Before You Die is courtesy of the Wall Street Journal.

I have taken the liberty of adding #26, the Provident Guild Death Benefit Fund.

The Provident Guild is here to immediately help your family when that times comes. We are ready

Provident Guild

Dale Sain



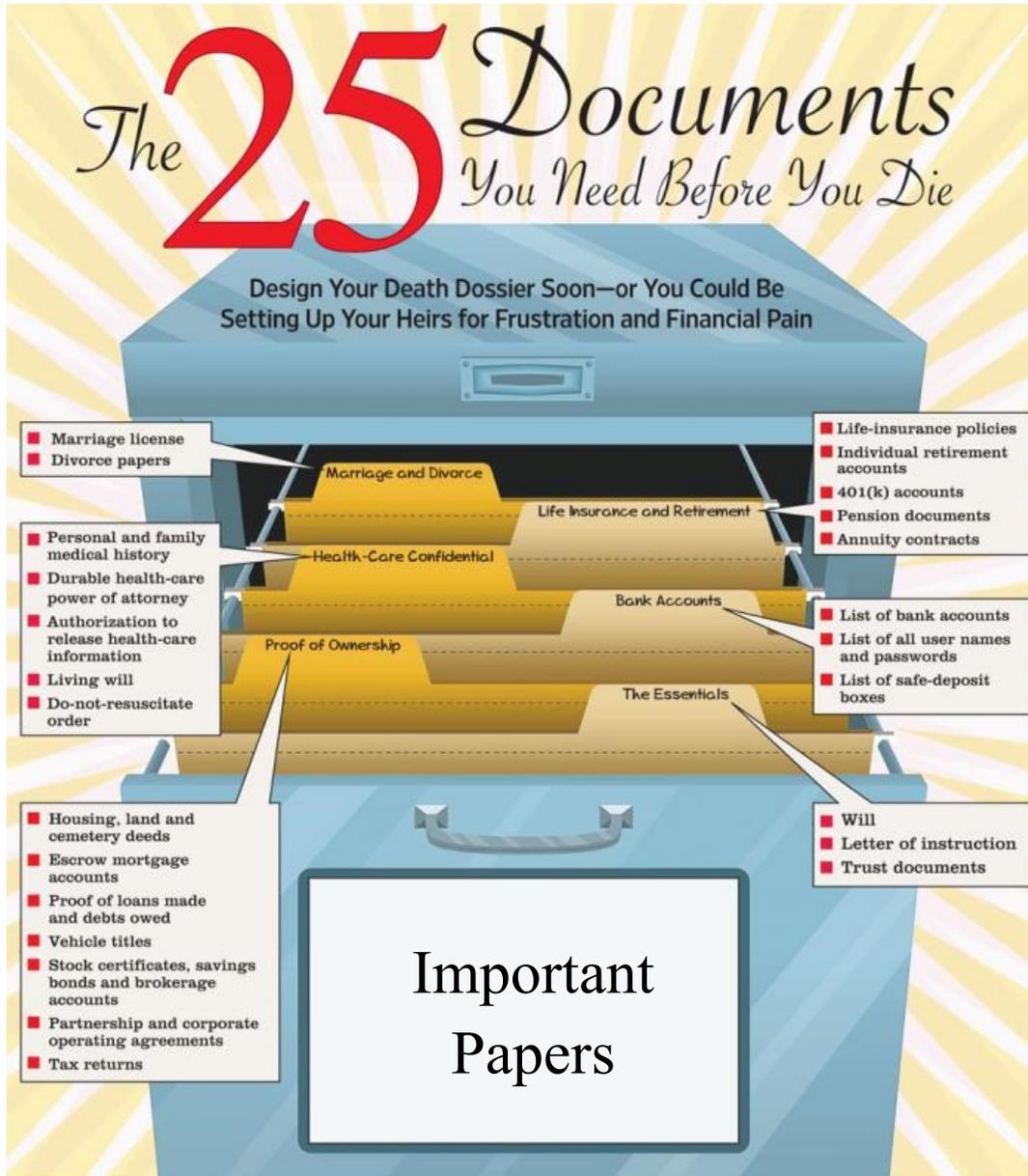
with some quick cash for your family as soon as we are notified of your death.

Please consider joining the guild today.

The 25 Documents to have prepared

1. Marriage license
2. Divorce papers
3. Personal and family medical history
4. Durable health care power of attorney
5. Authorization to release health care information
6. Living will
7. Do-not-resuscitate order
8. Housing, land, and cemetery deeds
9. Escrow mortgage amounts
10. Proof of loans made and debts owed
11. Vehicle titles
12. Stock certificates, savings bonds, and brokerage accounts
13. Partnership and corporate operating agreements
14. Tax returns
15. Life insurance policies
16. IRAs
17. 401(k) accounts
18. Pension documents
19. Annuity contracts
20. List of bank accounts
21. List of user names and passwords
22. List of safe deposit boxes
23. Will
24. Letter of instruction
25. Trust documents

PLUS
26. Provident Guild Death Benefit Fund



When a Retired Rural Letter Carrier Dies, The Survivor Should:

1. Notify the Office of Personnel Management

For the Civil Service Retirement System (CSRS) notify:

Office of Personnel Management
Employee Service & Records Center
PO Box 45
Boyers, PA 16017-0045

Or

For the Federal Employee's Retirement System (FERS) notify:

Office of Personnel Management FERS
P.O. Box 45
Boyers, Pa 16017-0045

Telephone for OPM: 1-888-767-6738

When writing to the Office of Personnel Management, you should request:

SF-2800 – Application for Death Benefits
FE-6 – Claim for Benefits: Federal Employees' Group Life Insurance

Include the deceased employee's name, CSA number, your name and signature. Fill out these forms and return them with a certified copy of the death certificate in each envelope, which you are provided.

SURVIVOR ANNUITIES ARE NOT PAID AUTOMATICALLY YOU MUST APPLY FOR IT.

2. Return any checks addressed to the deceased employee to the address of the Treasury Department on the envelope in which they were mailed.
3. Notify the Secretary/Treasurer of the National Rural Letter Carriers' Association and the State Secretary of the State RLCA where the deceased was a member. Give the Social Security number of the deceased employee.
4. If the deceased employee was retired from military service, notify the Commanding Officer of the nearest military installation.
5. If deceased employee was in receipt of benefit payment from the U.S. Department of Veterans Affairs (VA), you may notify the VA by calling 1-800-827-1000. Spouses may also be entitled to VA death benefits and assistance.
6. Change deceased employee's name to survivor's name on all important papers.
7. Notify insurance companies: life (if Provident Guild, write Secretary/Treasurer, PO Box 105 Minster, OH 45865-0105; if Federal Employees' Group Life Insurance contact the Office of Personnel Management; if NRLCA Life Insurance or Long Term Care, 1630 Duke St, Alexandria, VA 22314-3467), hospitalization (if NRLCA, write Rural Carrier Benefit Plan, 1630 Duke St, Alexandria, VA 22314-3467), house and automobile (if GMAC Insurance Company, contact PO Box 66937, St. Louis, MO 63166-6937; or contact your local insurance carrier).
8. Notify the Social Security Administration.
9. Notify the Internal Revenue Service and State Income Tax Department.
10. Notify local bank (s) and/or credit union (s).
11. Check safety deposit box and instructions.
12. Have funeral director obtain the number of Death Certificates needed, he or she can advise how many.
13. If previously married, secure divorce papers.
14. If presently married, secure marriage license.
15. If the cause of death is due to a job related injury, the office of Workers' Compensation Programs (OWCP) will pay up to \$1000 burial expenses, minus any amount the VA pays.
16. In the case of death is due to a job related injury, the survivor may also apply for an annuity from the OWCP. He or she can then choose the highest annuity.
17. Notify local post office where employee worked concerning the memorial services.
18. As a surviving spouse you are eligible to continue receiving the NRLCA magazine. Contact your State Secretary to see if the state pays for subscriptions. If they do not, you can mail a check for \$20.00 to the NRLCA to continue receiving the magazine.

Note: A will should be seriously considered. If there is no will, an executor must be named and an expensive court action could result.

RAFT RECRUITER RAFFLE

RAFT is the acronym for Recruit A Friend Today.

The NRLCA began the RAFT program as an incentive payment for our members; to encourage our members to recruit the non-members of our craft to join our Association.

This year North Carolina has a "RAFT Recruiter Raffle" as an incentive for our members to continue their efforts in enlisting new members. We will have a drawing at the end of each quarter. This initial program will end on Sept 31, 2018. It may be extended another year. Watch this column for updates.

Every quarter the names of all recruiters will be placed in the hat for a chance at winning a \$250 prize.

The next drawing will be on June 31, 2018. This pool of names will be from all the new members recruited during the previous quarter (January 1 - March 31).

New members must still be employed with the rural craft 90 days after their enrollment date. Any member that has separated or moved to another craft within those 90 days is ineligible.

The recruiter will have one chance for each new member they recruit.

If they have recruited five new members, then they will have five chances in the drawing at the \$250 prize.

\$250.00

March RAFT Raffle

Winner is:

**Rachael
Joyner**





PAC CHAIR
Steve Rogers

**Credit for RCA Time?
Maybe!**

With all our spring district meetings behind us now, Tina and I can truly say that we are blessed to have met so many great people. We were welcomed to every meeting and enjoyed the conversation we had with our fellow members.

I can say we all have the same issues; as well as there are no two offices alike. I can honestly see that each office has a lot of the same complaints. However if you didn't attend a meeting then no one could hear your complaints. Make a difference in your future; attend your district meetings!!

There were a lot of great people that contributed to PAC during my visit to their local meeting; proving that they are concerned about their own future.

If you were not able to attend, you can show the rest of our carrier family that you care simply by donating to PAC. By donating now your name will appear in next month's issue of the state paper showing everyone you are concerned.

With the state convention getting close and the weather warming up, make plans to attend, at least for the PAC meal and auction on Tuesday.

We are looking for all the fun and interesting items that you can bring to donate for our PAC auction on Tuesday night. There will be a wonderful meal and a night of fun like you have never experienced. Allen Maloney is bringing his cooker to prepare some pork for us, as well as a seafood item for our dinner. Bring your checkbook, cash or credit card. There will be something for everyone!

Our future at the post office is on shaky ground. From President Trump forming a new committee to review the USPS financial issues, to the owner of Amazon trying to buy FedEx. Now is not the time to say I don't need to support PAC. We can change the future for generations to come, and it starts with each member getting involved.

I'm truly worried about the post office! There are things we can do that will make a difference. Don't let your excuses be the downfall of your job. We all know that as a group our future can be changed with a swipe of Congress' pen! You can't go back and change things after Congress has decided you're future. So be proactive! Is the future of your family not worth a few dollars every paycheck? Ask them when you lose all of those great benefits that we currently have!

Feel free to call me and explain why you are not concerned. I want to know how I can get everyone to stand together. United we stand, divided we fall!! There are a lot of things that can have a major impact on our future happening in congress!

Jeanette said it best; the president's new task force may be the first step towards what could be the privatization of the postal service!

There was a bill introduced in March that could benefit us greatly. If passed into law the USPS would be allowed to introduce new products and services as well as continuing to maintain current service standards (6 day delivery). We will have the opportunity to protect our smaller offices from closing, as well as modernize the services we offer.

A separate bill, House bill 5359, was also introduced in March. This bill, if passed as currently written, would allow service as an RCA after 1988 to be creditable toward retirement. This would permit employees the opportunity to purchase that RCA time and receive it as credit towards his or her retirement! Check out the details on our national website. I think we would all love that!

Be informed, Be educated!

PAC WORKS FOR YOU!!!



Please send PAC Donations to:
Steve Rogers
PO Box 11372
Winston-Salem NC 27116-1372
Phone (336) 414-7642



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(Continued on page 18)

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Thank you to All that have donated to PAC!

National Delegate Ballots

Your ballot will be in your hands very shortly. Ballots will be mailed by June 5, 2018.

Please do not throw it in the trash. Take the few minutes it will take you to open it and vote. These people are going to be representing you. They are your voice. Don't be silent.

Encourage your coworkers to vote too.

The delegates that are selected (by your votes!) will be shaping the future of our union. They will be voting, up or down, for the changes our National Board will seek and fight for in contract negotiations with the United States Post Office.

Every person on that ballot is interested in shaping that future. They are counting on your votes. It is very disheartening to realize that your fellow coworkers do not bother to take the few minutes it would cost them to complete and return that ballot. It is very obvious that most of our members do not bother. North Carolina normally gets back between 10 - 12 percent of the ballots that are mailed out. That is sad. The union spends a lot of time and money to see that every member has the chance to be heard and roughly 88% throw that opportunity away.

Our delegates are using their annual leave and/or LWOP to take the time to attend the National Convention. Yes, they get some money from the union to go, but that allowance does not come close to covering their expenses. I have also heard it said that this is a vacation paid for by the union. Let me assure you, it is no vacation. Delegates are required to be in attendance for all sessions of the Convention, from Tuesday morning until the adjournment on Friday. That is all day, every day from 8:00 am—5:00 pm, sometimes even later. Delegates are also required to be in Caucus on Thursday evening. Caucus starts at six and often goes until ten or later! It is definitely not a vacation. It is a lot of work packed into a few days. It can be an exhausting experience; but it is a very rewarding one!

Every person on that ballot wants to be a part of that. They are asking you to give them the opportunity to serve you and our union as a national delegate.

Please take the time to vote.

Any eligible member who does not receive a ballot or whom spoils a ballot may request a new ballot by contacting the Election Committee Chairperson, Debra Bennett at 910-436-6487. If you request and return another ballot, only the replacement ballot will be counted.

NCRLCA Dues for 2017-2018

Regular...Cash.....	\$689.00
1187...Bi-Weekly.....	\$26.50
Retired.....Cash.....	\$111.00
1187R...Monthly.....	\$9.25
73, RCA, RCR, ARC.....Cash.....	\$230.00
1187.....Bi-Weekly.....	\$8.85

The membership year begins July 1, ends June 30. Please make checks payable to **NCRLCA**. Checks or membership form should be mailed to Vicki Gray, NCRLCA Secretary/Treasurer, 424 Wapiti Dr., Spring Lake, NC 28390.

NOTE: "Dues, assessments, contributions or gifts to the NCRLCA are not deductible as charitable contributions for federal income tax purposes.

North Carolina District Representatives

Mid-Carolinas

Sally Corriher
PO Box 460
China Grove, NC 28023-0460
704-855-2629
Sally.Corriher@nrlca.org

Greensboro

Jeff Essick
PO Box 12001
Winston Salem, NC 27117-2001
336-618-5095
Jeff.Essick@nrlca.org

Assistant District Representatives

Mid-Carolinas

Bethany Small
PO Box 11001
Southport, NC 28461-1001
910-477-2429
Bethany.Small@nrlca.org

Greensboro

Bryan W. Hudgins
PO Box 26
Eure, NC 27935-0021
252-357-2406
Bryan.Hudgins@nrlca.org

Eddie Moss
PO Box 1271
Gaffney, SC 29342-1271
864-504-1712
Eddie.Moss@nrlca.org

Gail Naillon
PO Box 12
Roxboro, NC 27573
336-455-3973
gail.naillon@nrlca.org

Kelly Kenny Futch
PO Box 131
Sneads Ferry NC 28460
(910) -818- 4843
Kelly.Futch@nrlca.org

Daniel Caudle
PO Box 309
Pfaftown, NC 27040-0309
336-580-0089
Daniel.Caudle2@nrlca.org

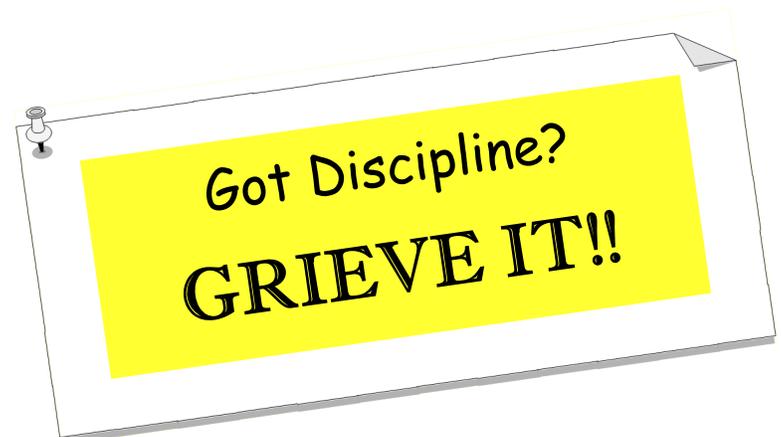
Art Young
PO Box 512
Willow Spring, NC 27592
Arthur.Young@nrlca.org
919-805-9936

Area Stewards

Mid-Carolinas

Brenda Prevatte
910-738-8424
Ralph Fernandez
321-278-9479
Scarlett Hall
910-658-2972
Adam Campbell
910-554-6574
Dennis Conley
571-447-0062

Greensboro





**Mid- Carolinas
District
District Representative**
Sally Corriher

Route Bidding

Make Sure You Know How!

Now that the dust has settled from the mail count, the route adjustments are being worked on for all overburdened routes. That means there will be newly created auxiliary routes and regular rural routes. Mid Carolina is projecting that 98 new auxiliary routes will be created and maybe 15 regular routes will result from the adjustments.

Regulars you know that you only bid on a route that you will accept. Carriers cannot decline a route that you listed as a choice after the close of the 10-day post-od. You can you bid on or withdraw any of your choices prior to the closing date of the posting.

All eligible rural carriers (regular rural carriers, PTFs, substitutes and non-probationary RCAs) must list preferred routes by the official position identification numbers, not the route numbers. If the vacant route is not listed as a choice by any regular rural carrier, then no movement or changes will occur because no other regular routes will become available.

PTF rural carriers do not need to submit a bid for a posted vacant regular rural route unless the office has **posted multiple vacant routes**. When the posting contains **multiple vacant routes**, PTF rural carriers must list all regular routes by the official identification numbers in the order of preference. If a PTF rural carrier does not list the order of preference, the PTF will be assigned a residual vacancy without the benefit of preference.

Substitutes and RCAs who are eligible to bid and will accept any regular rural route in the office should click the "Select All and Submit Bid" button on the USPS Job Bidding Screen. If there are **multiple routes** being offered, substitutes and RCAs

should list all regular routes in the office by their identification number in the order of preference should the route become available. If there no preference is listed when multiple vacant routes have been posted, the substitute or RCA will be assigned a residual vacancy without the benefit of preference.

When a PTF (part-time flexible rural carrier) position is posted per Art. 30.2.A.3, eligible substitute rural carriers and RCAs are simply bidding to be converted to a career status PTF. The specific route assignments are not to be included on the posting notice. When the office posts more than one PTF position, all substitutes and RCAs must submit a bid for each position to be considered for each assignment.

Bidding for the regular rural routes listed on the posting is not only for the posted vacant route, but for any regular route or routes in the office that may become available as a result of filling the original route vacancy.

Rural carriers will bid at www.liteblue.usps.gov or use phone bidding. The use of telephone, computer or other automated bidding at an office is the prerogative of the Employer.

Route Bidding



**LEAVE
REPLACEMENT
VACANCY
WITHIN THE OFFICE**

RCAs **may bid** on another leave replacement vacancy in the office they are assigned without time restrictions. RCAs **may not bid** on vacancy for a regular rural route until they have completed one calendar year of service. RCAs may transfer to another office after they have completed their probationary period (ART 30.2.F). If a Postmaster in an office agrees to accept an RCA transfer, the losing office can only hold the RCA for 30 calendar days. The Postmaster accepting the RCA should put in writing they accept the transfer and the date of acceptance (2000 Andrea Wilson Letter). When an RCA transfers to another office, the RCA becomes the junior leave replacement.

AUXILIARY ROUTE

When an auxiliary route is to be filled, the route is offered to qualified substitutes, RCAs, and RCRs in

(Continued on page 22)

(Continued from page 21) **Mid-Carolinas District Representative**

the order of the longest period of continuous service in the office. In **formula offices** all auxiliary routes will be six-day assignments. In those formula offices the leave replacement who is assigned to a primary route assignment and an auxiliary route, must make a decision within 30 days of the implementation of the formula whether they wish to carry the auxiliary route six days a week or remain the sub of record on their current primary route per ART 9.2.C.5.b. If the leave replacement elects to continue to serve as the sub of record on the assigned regular route, the auxiliary route will be filled per ART 30.2.G.2. If the RCA elects to serve the auxiliary route six days per week, the relinquished leave replacement assignment will be filled in accordance with ART 30.2.E.1.

In offices that are not formula offices (changing relief days of one or more regular routes) per ART 9.2.C.5.b, an RCA who accepts the auxiliary assignment must make an election to serve the auxiliary route six days per week or continue to serve as the sub of record on the assigned regular route and the auxiliary route (sometimes referred to as 5 and 1).

Please contact your steward if you have any questions regarding bidding.

Greensboro

District

District Representative

Jeff Essick



Congratulations are in order. Please help me welcome these Stewards to their new positions.

New Area Steward effective May 12, 2018

Kim Atwell – Her contact information and assigned offices will be announced soon.

New Local Stewards effective May 15, 2018

Statesville – Gay Chase, *Chief*, Crystal Sain, *Local*.

Greenville – Sherry Darden, *Chief*, Thomas Adams, *Local*.

Nags Head – Rhonda Sears, *Local*.

Morrisville – Michael Glassman, *Local*.

Raleigh—Avent Ferry – Ray Best, *Local*.

Durham—Eno Valley – Felicia Palmer, *Local*.



EAP - A Program You Can Trust

EAP offers free confidential counseling and referral services to all postal employees and their families.

EAP4YOU.com

800-EAP-4-YOU

(800-327-4968) TTY: 877-492-7341

The Employee Assistance Program (EAP) is a confidential short term counseling and referral service that can help you and your family successfully deal with life's challenges. EAP services are available to you at no cost, as your employer has prepaid these services.

EAP can help with things like stress, anxiety, depression, relationship problems, job or work stress, parenting, alcohol and drugs, legal issues, and financial concerns and dependent care issues.

All EAP counselors have a minimum of a master's degree in counseling or social work, as well as clinical experience in dealing with a wide range of personal and workplace concerns. Your privacy is protected by strict federal and state confidentiality laws and regulations and by professional ethical standards for counselors. Information you share with the EAP may not be released to anyone without your prior written consent, except when required by law or when in compliance with a court order.

Greensboro District Assistant District Representative

Art Young, Jr.

When Do I Need To File A Grievance?

As carriers, we like to put our trust in management to correct a problem once we bring it to their attention. Most of the time they just tell us “I’ll take care of it” or they forget or they just don’t have enough hours in a day to get our issues handled. We talk to them over and over giving them a chance to correct the issue. Usually, days turn into weeks with nothing being done to help solve the problem.

It’s okay to give them a chance, but at the same time you need to protect yourself by meeting time limits. How do you do this? I’m glad you asked. First thing you must document, document and document each time you speak with management. When you go to management, write down the date, time, what you said and what management said. Do this each time you talk with them.

Next, (before 14 days have passed) file a timely grievance. You have fourteen days from date of incident to file a timely grievance. It is to your advantage to go ahead and file the grievance even though you think that management is correcting the problem. If management corrects the problem and you’ve already filed a grievance, the steward can process the grievance and there’s no harm done. But, if management fails to correct the issue, then the grievance will be timely and the likelihood of success will be greater for a suitable settlement by your steward. **Never let management tell you that you cannot file a grievance.** If you are not sure of when or how to file, contact your local steward, (if there is one) or call your ADR or DR.

When an issue/problem arises, speak with your steward/representative first for guidance on how to proceed. Once you go to management with an issue, you must discuss the issue in an effort to resolve it.

This is the Step 1 Discussion and your opportunity to try and reach an agreement with management, before a grievance is filed. You can use line 11 of the PS Form 8191 to record your agreement at the Step 1 Discussion.

If an agreement cannot be reached, then use PS Form 8191 (Step 1 Grievance form) and fill out Lines 1-4. It is your responsibility to make sure it is filled out

correctly. (Number 4 should be in the form of a question such as: “Did management violate the National Agreement by ...?” or, “Did management have just cause to issue discipline?”).

Management completes 3b and 3c (when you discuss the issue and cannot resolve it). When that has been completed, you **must** give the original copy of your grievance to the local steward or send to the assigned ADR immediately.

When you give/send the original grievance to your Steward/Representative, always provide your most recent PS Form 50 and a signed and dated statement explaining your issue and the facts as you know them. The statement is for the Union **only**. Management does not see your statement.

If you follow this process correctly, the likelihood of success will be much better. Don’t forget to keep a copy for yourself.

Just one more thing! This is your Union. Get involved and make a difference. I say this after attending the local district meetings, which very few members attended. Your attendance at local, state and national meetings is one of your opportunities to voice your concerns and get your questions answered.

Certainly, we as members can take one night to attend a meeting and support the Union. There is strength in numbers! You may actually learn something or maybe suggest something that will help you and your fellow co-workers.

Thanks to all of the elected Officers at the local district level for volunteering your time and talents.

In closing, rural carriers, **you** are doing a great job!



Some Gave All

29
USA



Allies in Normandy, D-Day, June 6, 1944

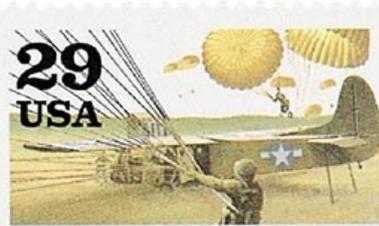
D-Day June 6, 1944

Early in 1942 the U.S. and Great Britain began making plans for a large-scale invasion across the English Channel. Code-named “Operation Overlord,” the invasion was to be commanded by General Dwight D. Eisenhower who was ordered: “You will enter the continent of Europe and, in conjunction with the other United Nations, undertake operations aimed at the heart of Germany and the destruction of her armed forces.”

Scheduled for June 5th, rough seas forced Eisenhower to postpone the invasion. Early on June 6th, the largest amphibious force ever seen stormed the Atlantic Wall of which Hitler had boasted, “No power on earth can drive us out of this region against our will.” At 3:32 A.M. New York time, a radio news flash announced Eisenhower’s Order of the Day: “The tide has turned. The free men of the world are marching together to victory.”

Minesweepers had gone ahead to clear the water, and as the invasion armada headed across the channel, paratroopers and glider units dropped behind enemy lines. At dawn battleships opened fire and troops stormed ashore. Taken by surprise, the Germans fought back fiercely. Troops at Omaha Beach came under heavy fire and barely managed to stay ashore, but by nightfall all five Allied beaches had been secured. This stamp depicts troops running ashore from the landing craft.

29
USA



Airborne units spearhead attacks, 1944

Airborne Units in Normandy

On June 6, 1944, more than 20,000 paratroopers of the U.S. 82nd and 101st Airborne Divisions and the British 6th Airborne Division dropped behind enemy lines to start the long-awaited European invasion. They faced tremendous obstacles: not only were they separated from the main invasion force, but they made their jumps in darkness and bad weather, which caused many landings to be off target and in dangerous locations such as swamps and enemy-occupied areas. Despite high casualties, they completed many of their assignments, such as holding some bridges until reinforcements arrived, destroying other bridges to impede enemy counterattacks, laying mines, capturing German garrisons, and in general disrupting enemy activities.

Some troops who could not link up with their units ended up fighting alongside the French Resistance for several months. This stamp depicts a Waco CG-4A that is intact at the landing zone, but most gliders were heavily damaged or destroyed in the operation.

Issued on June 6, 1994 as part of a sheet of 10 different stamps. This sheet, named “The Road To Victory” was the fourth from a series of five sheets commemorating World War II. The series was issued over a five year period from 1991 to 1995. Each sheet in the series sheet included a large center map of the world at war framed by five stamps on the top and five on the bottom. The stamps highlighted the events and people of each year of the war, from 1941 -1945.

Some content was acquired from the National Postal Museum, Arago™

Remember
Them
This
Memorial
Day!



Arlington National Cemetery

NORTH CAROLINA AUXILIARY OFFICERS

PRESIDENT

LEANNE ESSICK
229 Essick Lane
Winston Salem, NC 27127-9129
336-816-0999

VICE PRESIDENT

JANICE FULWOOD
40 Mintz Cemetery Road
Ocean Isle Beach, NC 28469
Phone 910-443-2071

SECRETARY/TREASURER

SUE KELLY
7661 Wilkins Drive
Fayetteville, NC 28311-9361
910-488-5424

EXECUTIVE COMMITTEE

ROANOKE HEATH

25722 US Hwy 64
Jamesville, NC 27846-9272
252-792-6614

BARRY CORRIHER

445 Corriher Gravel Road
China Grove, NC 28023-9497
704-855-2629

L.E. WHITE

1336 Schoolhouse Road
Elizabeth City, NC 27909-9596
252-771-8180

CHAPLAIN

MRS. NORMA WILLIFORD
511 Old Goldsboro Road
Newton Grove, NC 28366-7759
Phone 910-594-0433

PROVIDENT GUILD

CLAUDE BRANTLEY
270 Hyman Ct
New Bern, NC 28562-5499

HISTORIAN

MRS. LUANN SHUE
325 Ed Weaver Rd
Salisbury, NC 28146-8570
704-857-6926

JUNIOR SPONSOR

MRS. SARAH STEWART
251 Cedar Drive
Stoneville, NC 27048-8412
336-427-3675

JUNIOR OFFICERS

PRESIDENT

BOBBY DWYER
305 W Oak St
Lake Waccamaw, NC 28450

VICE PRESIDENT

BLAYNE COPELAND
106 Dogwood Lane
Camden, NC 27921-7668

SECRETARY/TREASURER

MADISON HALL
9028 Main Street
Godwin, NC 28344-8387

CHAPLAINS

Lily Gray & Issac Groves

Auxiliary News

Roanoke Heath
Executive Committee

Time To Get Ready!

Spring has finally sprung – warm weather is here. This is a special time of year – the smell of freshly plowed soil – the flowering of fruit trees with a promise of fruit later – the different colors of greens everywhere. All of these things tell us it is time to get ready for our State Convention. The convention is being held in Atlantic Beach from June 24th to June 27th.

Our Presidents nonprofit this year is for Folds of Honor. Please visit their website at www.foldsofhonor.org. Her Americanism choice is – Be a Donor (Blood or Organ). This article will focus on organ donation.

Facts about organ donations:

1. Twenty two people die every day waiting for a transplant.
2. One organ donor can save eight lives and change many more lives.
3. Almost anyone can be an organ donor, regardless of age or medical history.
4. All major religions in the USA support organ donation.
5. Donors are needed for all races and ethnic groups. Transplant success rates increase when the organs are matched between members of the same ethnic backgrounds.
6. Signing up on the back of your license is the first step. The next step is to register on line at <https://organdonor.gov/about/donors.html>
7. You can donate at any age, the health your organs is more important than your age.

Please consider being an organ donor. Inform your family members of your decision. My family knows that it is my wish to be a donor. There is no cost to the donor's family for the donation.

Just a reminder that all Juniors should submit their contest entries.

All essays and posters must be on, or attached to a letter-sized manila folder. There is no requirement as to how many sides of the folder you use, but you must be able to fold the folder as normal.

Each entry must have the following information legibly written on the back of the folder:

- Child's name and address
- Date of birth and age as of 8/1/2018
- Name of parent or grandparent
- State in which dues are paid

Entries with incomplete or incorrect information will be disqualified.

All entries will be judged on originality, neatness, grammar and spelling.

Please have your junior enter. There are many prizes given out!

Age 6-7 Design a poster: "A Playground"

Age 8-9 Design a poster: "A Rose Garden"

Age 10-11 Design a poster: "Independence Day Parade"

Age 12-14 Design a poster: "God Bless the USA"

Age 15-17 Write an essay: "What Is a Hero?"

Age 18-20 Write an essay: "Blood and Organ Donation"

Special Education Children Design a poster: "Our American Flag"

**BE ON THE LOOKOUT FOR
YOUR NATIONAL
DELEGATE
BALLOT**



**PLEASE VOTE!
YOUR VOTE IS YOUR VOICE**

**Convention Call
NCRLCA STATE Convention
June 24-27, 2018**

Doubletree by Hilton
2717 W Fort Macon Rd
Atlantic Beach, NC 28512

Rooms Have Sold Out!
Addition rooms available at the Hampton Inn
(.2 miles from the Doubletree)
Room Rate is still \$119.00 + tax.
Call is (252) 247-5118, push 2 for sales and ask for Judy.

June 2018							July 2018						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat	Sun	Mon	Tue	Wed	Thurs	Fri	Sat
					1 PAY DAY	2	1	2	3	 Independence Day	5	6 PAY DAY	7
3	4	5	6	7	8	9 PP-13	8	9	10	11	12	13	14 PP-15
10	11	12	13	14	15 PAY DAY	16	15	16	17	18	19	20 PAY DAY	21
17	18	19	20	21	22	23 PP-14	22	23	24	25	26	27	28 PP-16
24	25	26	27	28	29	30	29	30	31				
	State Convention												



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