



NORTH CAROLINA



RURAL CARRIER

Official News Publication of the North Carolina Rural Letter Carriers' Association

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State Convention
June 18-20, 2012

National Convention
August 14-17



Derek Harpe

President's Message

Good News! Bad News!

Greetings Fellow Rural Carriers,

Come and join us! Mark your calendar and make your reservations now! Our state convention for 2012 will be held at the Ramada Plaza Hotel in Nags Head. The convention will begin on Sunday, June 17 and will be ending on Wednesday, June 20, at 12 Noon. Guest speakers, training sessions,

and your National President, Jeanette Dwyer, will be there. We have invited District managers Russ Garner and Angela Curtis to attend our conference. We are trying to line up someone from NARFE to have a retirement seminar on Monday night. I encourage you to come and learn more about your union and job. Our hope is that you will attend, meet old friends and make new ones, acquire more knowledge about your job and benefits, and have the opportunity to hear and ask questions of various Union and Postal officials. You will be glad that you came.

In May, Carl Kelly and I will be going to Washington, DC for four days to convey to our Congressman and Senators our postal concerns. Please remember us, and be prayerful for our trip that we accomplish our purpose for going for the betterment of the rural carrier.

The Senate passed S1789 but didn't pass the amendment: 2043 that we NRLCA supported. The Bill as written would permit the Postal Service to end most Saturday delivery only after two years and only if it can show the step is financially essential. Everyone needs to stay up to date by going to the nrlca.org website daily. Our new website for NCRLCA should be up and going by the end of May. Some things have already changed for the better. It is a work in progress. Check it out! We are striving to keep it current and Jeff Essick will be the new person to update our website.

We invite you to come to the state convention and bring your family. Come and be part of the decision making.

Remember: be proud to be a North Carolina rural letter carrier! Don't forget to check out our new website <http://nrlca.org> as soon as you can!

See you in June!

North Carolina Rural Letter Carriers' Association Officers

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Phone 704-732-1604
FAX 704-735-9094

Albemarle	2	Alamance	1	Southeastern	8
Smokey Mountain	11	Alleghany County	4	Durham County	12
French Broad	31	Roanoke/Chowan	7	Sea Level	23
Mecklenburg	38	Caswell County	14	Wake County	24
Orange County	39	Central Carolina	16	Five County	28
Tar River	51	Yadkin River	26	Person	41
Wayne County	56	Tidewater	52	Randolph County	42

Executive Committee

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DALE SAIN**

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**FEHB
CHRIS DERRICK**

8915 Raven Park Dr.
Charlotte, NC 28216-1685
Phone 704-641-7269

Brushy Mountain	3	Ashe	6	Peach Belt	5
Burke/Caldwell	9	Catawba/Lincoln	15	Cumberland/Hoke	20
Foothills	10	Johnston County	34	Cleveland/Gaston	29
Tri-County	25	Roanoke	44	Rockingham County	46
Guildford County	30	Rutherford/Polk	47	Piedmont	50
Harnett County	32	Watauga/Avery	57	Union County	54
McDowell/Mt. Mitchell	36				

Appointed Officers

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**MAIL NEWS ITEMS BY 10TH OF MONTH
TO:**

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**MAIL ADDRESS CHANGES
TO:**

Ronald L. Lineberger
NCRCLA Sec. -Treas.
3668 Startown Rd.
Maiden, NC 28650-8722

Please notify the officer assigned to your district four weeks ahead of your meeting so as to eliminate any conflict of meeting dates as much as possible. State Steward Conley and Sr. Assistant State Stewards Hudgins and Smith are unassigned and will attend as many district meetings as their schedule permits.

Obituaries

Mrs. Joan Williams Vernon, 78 of Winston-Salem died Tuesday, April 17, 2012 at Forsyth Medical Center. Mrs. Vernon was a member of Calvary Baptist Church and had retired from the U.S. Postal Service and was one of the first female rural route carriers in Forsyth County. Surviving are a grandson, Donald Paul Vernon; a daughter-in-law, Elizabeth Edmondson "Betsy" Vernon; a brother-in-law, John W. Vernon and wife Helen; a sister-in-law, Nan P. Vernon; two special people to Mrs. Vernon, Becky and Wayne Choplin as well as a host of nieces and nephews.

Mr. William "Billy" F. Holder, age 74, of Broadway died Thursday, April 26, 2012. Mr. Holder retired as rural mail carrier after more than 30 years of service. He also worked as a farmer and enjoyed working as an auctioneer in local churches. Mr. Holder was a lifetime member of Spring Hill United Methodist Church and a dedicated member of Woodmen of the World in Mamers.

He is survived by a daughter, Kimberly Womack; daughter, Patricia Bradford; son, Forrest Holder; 4 grandchildren, Kerstine Womack, Tess Womack, Treyton Holder and Turner Holder; sister, Kay Frances Holt and brother, Ernest Wayne Holder.

Chaplain's Message

Giving to God

Read Matthew 22: 15-22

God created humankind in his image.

--- Genesis 1:27 (NRSV) ---

The Pharisees tried to trap Jesus by asking him if it was lawful to pay taxes to the emperor, Caesar. Jesus' response was "Give...to the emperor the things that are the emperor's, and to God the things that are God's. As I think about Jesus' words, I wonder, *How do I go about giving to God the things that are rightfully God's?*

The widow in the Gospel's story (Luke 21: 1-4) was surrounded by people much richer than she --- and they made sure others noticed them as they gave their gifts. Most of them gave out of their abundance, hardly knowing they had given anything. The widow gave two mites --- tiny copper coins holding the least value in the Roman monetary system --- but she gave all she had. Jesus said she had given more than all the others.

The money belonged to Caesar because it had his image on it. In a much more fundamental way, we belong to God because we have God's image on and in us. In order to give to God what belongs to God, we must, like the widow, give all we have --- our very lives. When we give ourselves, God has all of us, including our money and our possessions. And like the widow, even the poorest person among us can give generously to God.

Prayer: Dear Lord, help us to give ourselves and all that we have to you. Amen.

Thought for the Day: Even the person with little can give much to God.

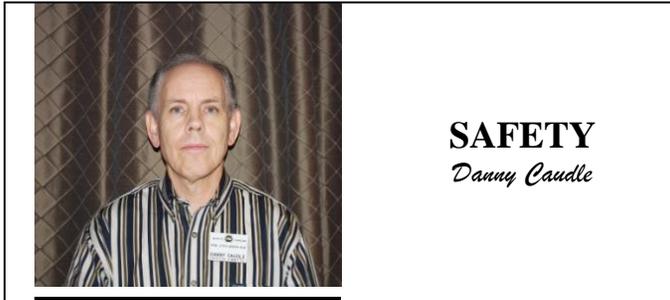
NRLCA Opposes Potential 5% Increase in Employee Pension Payments

On Thursday, May 10, the House of Representatives passed a bill requiring federal employees to contribute an additional 5% to their pensions. The NRLCA strongly opposes this legislation and is concerned the substantial increase would ultimately cause federal employees to contribute less to their Thrift Savings Plan (TSP) accounts.

Approved by a vote of 218-199, H.R. 5652 would increase Federal Employees Retirement System (FERS) payments from 0.8% of each paycheck to 5.8%. Civil Service Retirement System (CSRS) payments would jump from 7% to 12%. This increase would be implemented over a five-year period for existing employees; new employees hired after 2012, however, would begin paying the additional 5% immediately.

The bill also eliminates social security supplements for FERS employees who retire before the age of 62.

The Senate is expected to reject this legislation. In a statement opposing H.R. 5652, President Obama said he would veto the bill.



Summertime Maintenance

Wintertime is over and the days are getting longer. Enjoy the respite from the cold for a while because it will not be long before the heater on the mail vehicle will be running at top speed again. But until then, here are a few reminders about carrying the mail in warm weather.

There are many responsibilities for carriers who furnish their own vehicle. A well-maintained vehicle is a necessity in our line of work. Check the belts and hoses to be sure that there are no cracks or worn places. Even if they look okay, it might be a good idea to replace them. This is called preventive maintenance and could possibly save you hours in the hot sun fixing a broken belt or a ruptured water hose. Keeping an extra gallon of coolant and water in reserve will give you that extra cooling needed to get to a service center if something were to spring a leak in your cooling system. Extra fuses, oil and bulbs for your lights should also be kept in your car for any malfunction you experience. Also, keeping a cheaper flashing amber light in the storage area will keep you in compliance with the law should your main light go out. Having a sheet of cardboard somewhere in the vehicle to lie on the ground just in case you have to tie up a loose tailpipe will keep you from lying on the ground.

Our bodies also need maintenance. Take care to stay hydrated by keeping water or some other drink that replenishes your fluids in a cooler. Stop to cool yourself if you find that you are getting too hot.

When taking parcels to the door, be sure to watch where you step. Stepping in a hole could turn your ankle or sprain your knee. Check yourself for ticks when you have time. Be on the lookout for spiders and other biting insects. Certain spiders, such as the brown recluse, have a poisonous bite that could have serious complications.

Always watch out for homeowner's pets, especially their dogs. A dog bite can be a serious wound, and the carrier should use all resources available to keep from getting bitten. Always carry your dog spray with you when you approach a home.

Everyone wants to enjoy the coming summer, and by being safe, that can hopefully be a reality.



I want to encourage everyone to contact your representatives in Washington about what is going on in the USPS. Our benefits are being threatened daily. The USPS wants to take over our retirement, health plan and almost everything we and our union has worked so hard for all these years. Please don't just sit back and let it happen without a fight. Call your senators and congressmen today .

Now here are some things to consider about your future retirement. If you retire early, you may not have enough income to enjoy the years ahead of you. Likewise, if you retire late, you'll have a larger income, but fewer years to enjoy it. Everyone needs to try to find the right balance, based on his or her own circumstances. Another thing to remember as you crunch the numbers for your retirement is that people are living longer than ever before. For example:

- The typical 65 year old today will live to age 83
- One in four 65 year olds will live to age 90 and
- One in ten 65 year olds will live to age 95.

Once you decide on the best age for you to actually retire, remember to complete your application three months before the month in which you want retirement benefits to begin. Good luck and I wish you well if you are nearing that point in your career.

Please note my new contact number: 828-461-5057.

NC Insurance Rep Wins!

Congratulations are in order! Our own Mitch Reece, North Carolina's RLC Vehicle Insurance Plan Representative, proved himself the top sales representative in the country in the recent "Challenge to Win Sales Contest". He was the 1st place winner among all RLC Vehicle Insurance Plan Reps nationwide, and won a \$2000 Visa Gift Card for his efforts. More of you are now enjoying the benefits of the only custom vehicle insurance plan endorsed by the NRLCA. Let's have a big round of applause for Mitch? If you want to find out more about the Rural Letter Carrier Vehicle Insurance Plan contact Mitch or please call 1-888-325-7727.



Hello fellow members, I just wanted to update everyone to when you can make changes to your FEHB plan outside of open season.

Important Notice: Generally, if you choose to make a change to your enrollment, you must make the change within 60 days of the event.

Outside of Open Season, you can enroll in the FEHB Program, change your enrollment, change to Self Only or cancel coverage only in connection with certain events called qualifying life events (QLEs).

The major QLEs that permit enrollment or change in enrollment are:

A change in family status:

- marriage
- birth or adoption of a child
- acquisition of a foster child
- legal separation
- divorce
- death of a spouse or dependent

A change in employment status:

- you are reemployed after a break in service of more than 3 days
- you return to pay status after your coverage terminated during leave without pay status or because you were in leave without pay status for more than 365 days
- your pay increases enough for premiums to be withheld
- you are restored to a civilian position after serving in the uniformed services
- you change from a temporary appointment to an appointment that entitles you to a Government contribution

- you change to or from part-time career employment

You or a family member loses FEHB or other coverage:

- under another FEHB enrollment because the covering enrollment was terminated, canceled, or changed to Self Only
- when enrolled in a prepaid health maintenance organization (HMO) and you or a covered family member move or change worksite outside of the HMO's enrollment area
- under another federally-sponsored health benefits program
- under Medicaid or similar State-sponsored program for the needy
- under CHAMPVA, TRICARE, or TRICARE-for-Life
- when you had previously suspended your FEHB coverage to participate in one of these programs
- when your membership in the employee organization sponsoring the FEHB plan terminates
- under a non-Federal health plan

When one of these events occurs, you may:

- enroll
- change your enrollment from Self Only to Self and Family
- change your enrollment to another FEHB plan or option
- change your enrollment to Self Only*
- cancel your enrollment*

* A change to Self Only may be made only if the QLE causes the enrollee to be the last eligible family member under the FEHB enrollment. A cancellation may be made only if the enrollee can show that as a result of the QLE, he or she and all eligible family members now have other health insurance coverage.



Wake Up!!!

Are you on the “NRLCA ‘Call to Action’ E-Newtork” list? If not, why not? The form was on the back of the last issue of your National Rural Letter Carrier. It can also be found on the bottom of the Homepage of the NRLCA.org website. If you have a computer in your home and ever check email, you need to be on this list. This is a very dangerous time for us in the U.S. Congress. In April National President Dwyer sent out several ‘Call to Action’ alerts dealing with S. 1789. We were not able to prevail on that bill but it is not the end of the world. A similar bill has to be debated and voted on in the House of Representatives and **IF** it passes the two bills then have to go to a reconciliation committee to work out the differences, return to both houses for a straight up or down vote with no amendments and then if that also passes both houses, the final bill goes to the President for his signature.

The bill that we will be watching in the House is H.R. 2309. We need every carrier, RCA, spouse, friend and anyone who cares about the future of the six day delivery to contact your member of Congress and tell them that you want to see six day delivery stay in place. Write them at their nearest in-state office, call them on the phone and email them. Take every opportunity to let you member of Congress know how you feel about this matter. This is the only way that we will ever prevail in maintaining 6-day delivery, keeping our RCAs and keeping our time off. There are several other issues involved as well. This matters to everyone.

CONVENTION RAFFLE AND AUCTION

As in previous years we are having a PAC Raffle again this year. We have a total of \$500 in prizes. You cannot buy a chance in the raffle; but, you will automatically be entered once for each multiple of \$25 you have donated to PAC since last July. No matter where you made your donation you will be included. The three prizes are \$250, \$150 and \$100. You do not have to be present to win but it is sure a lot more fun if you are. I will mail the

prize immediately after the convention to any winners that are not present for all the fun.

The winners will be chosen on Tuesday evening just before the PAC Auction. We will be having an Eastern Style Barbecue Dinner followed by our PAC Auction. If you have never had the chance to attend one of our auctions you need to “come on down,” donate items for the auction, bid on items, have a lot of fun and help raise money for your PAC.

NC Membership 4802
 NC PAC Donors 164 (3.42%)
 Members missing 4638 (96.58%)

3.42% of our members are carrying a lot for the rest of us. Please send in your PAC donation today.

Just imagine the power this organization would have if the numbers above could be reversed. UPS would no longer be the largest lobbying organization, it would be **US**.

You don’t have to break your bank account to support PAC. We have members that have donated \$5 this year and we will have members that will hit \$500 or \$1000 by the end of the State Convention. Every donation helps. Make your donation today.

Thank you.

Send PAC Donations to:

Van Heath
25722 US HWY 64
Jamesville NC 27846-9272

Phone: 252-792-6614
Cell: 252-809-2144

Email: vheath@embarqmail.com
For internet security; when emailing,
Subject line should read “PAC”

2011-2012 PAC

Donor List

PLATINUM Level (\$1500+)

Jeanette Dwyer
Danny Caudle

DIAMOND Level (\$1000+)

RUBY Level (\$500-999)

Ronald Lineberger
Betty Westbrook

ELITE Level (\$250-499)

Van Carter
Dennis Conley
Ken Frazier
Vicki Gray
Derek Harpe
Van Heath
Robin Hoyle
Brian Hudgins
Rusty Jordan
Carl Kelly
Brenda Prevatte
Dale Sain
Frankie Saunders
Frank Suttles

EXECUTIVE Level (\$100-249)

Lynn Adams
Chris Barber
Debbie Bennett
Mary Bohanon
Mike Borneman
Joe Brown
Tom Brown
Connie Bumgarner
Doug Byrum
Bud Cale
Mack Caudell
Sally Corriher
Kenneth Fuller
Phillip Fulwood
Michael Gates
Billy Gregory
Robert Gurganus
Bob Greenwood
Jennifer Guthrie
Bonnie Johnson
Brenda Johnson
Kelly Kenny-Futch
Janet Kight
Doil Killmon
Harry Kirk
Harold Knight
Sara Leonhardt
Connie Lindsay
Melissa Liverman
Gail Naillon
Reggie Neal
Terry Neutze
Jimmie Reavis
Mitch Reece
Rhonda Sears
Donald Sellers
Riley Shoe
Mike Shue
James Simmons
Barbara Smith
Alfred Stallings Jr
Charles Stewart
Clyde Sweezy
Jimmy Ward
Brian Weathersby
Brenda White
Pete Williford
Ernest Young

How Can I Contribute?

- Automatic Deduction
- Electronic Funds Transfer
- Direct contribution through state chair
- Participate in a state fundraiser



2011-2012 PAC

Donor List (con't)

LEADERSHIP

Level (\$50-99)

A Thomas Adams
Lou Alligood
Jaymi Athey
Donald Ayscue
Stanley Barnes
Brenda Bateman
Jo Ann Bell
David Boege
Dianne Boone
Henry Bottoms
Agnes Brinn
Billy Brown
Cynthia Bunch
John Byrum
Robin Carnes
Mack Caudell
Dawn Chambers
Jackie Corey
Kay Elswick
Haywood Fowler
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Frank Hines
Joyce Holadia
Terry Huffines
Judith Jones
Mary Hosewitz
Dennis Manning
Mac Miller
Larry Mosley
Debbie Neal
Jerry Neal
Kim Ranker
Evelyn Reid
Laurie Ross
Arles Taylor
Dianna Valente
Doretha Wagoner

LEADERSHIP

Level (\$50-99)

(continued)

Joseph Whitley

SUPPORTER Level

(\$5-49)

Diana Andrews
Karen Bartlett
Cheryl Basnight
Bobbie Battle
Ronnie Biggers
Robert Black
Scott Boeglin
Dianne Boone
Donna Boyd
April Bowden
Tim Bowers
Crystal Childers
Joe Collins
Sandra Demurry
Chris Derrick
Judy DiBacco(Friend)
Carolyn Dixon
Everine Drake
Jesse Duncan
Odessa Elliott
Bernard Evans
Famous Fornis IV
Louise Fulwood
Thad Gaylord
Julia Godwin
Harlan Greene
Arlenea Hair
Christine Hayes
Donna Hazel
Jeanette Heath
Kathleen Heller
Ann Horne
Priscilla Hyatt

SUPPORTER Level

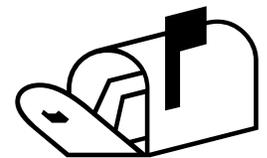
(\$5-49) [continued]

Crystal Jennette
Glenn Johnson
Christine Laney
Margaret Lassiter
Janet Leohr
Jadwiga McClelland
Lee McConchie
JoEllen McKenzi
Janet Mills
Norbert Mildner
Ivy Monger
James Munden
Robin Newcomb
James Nixon
Judy Overton
Susan Parker
Charles Reed
Clarence Rogers
Steve Rogers
Rose Salazar
Norman Sandlin
John Severs
Charles Smith Jr
Wiley Snipes
Roger Southern
Tracy Spencer
Hilary Terjesen
David Tew
Kenneth H Thompson
Marcus Turner
Ann Voliva
Ruby White
Cathy Whitley
David Williams
Helen Woodard
Christina Wright
Nathan Wright

SUSTAINING

MEMBERS

Mack Caudell
Sally Corriher
Chris Derrick
Jeanette Dwyer
Ken Frazier
Priscilla Hyatt
Bonnie Johnson
Mary Josewitz
Janet Kight
Christine Laney
Sara Leonhardt
Melissa Liverman
Jadwiga McClelland
Norbert Mildner
Terry Neutze
Kim Ranker
Mitch Reece
Laurie Ross
Mike Shue
David Tew
Dianna Valente
Betty Westbrook
Joseph Whitley
Ernest Young



You've Got Mail
Let's Keep it 6-Days
a week.

**STATE AND ASSISTANT
STATE STEWARDS
NORTH CAROLINA**

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919-932-7835

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Tracy Davidson
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Matthews, NC 28104-5449
704-821-8016



State Steward

Dennis Conley

State Convention

The assistant state stewards and I would like to invite every member to the 2012 State Convention in Nags Head. The stewards are preparing a very informative and interesting Sunday seminar. This seminar is open to every member/carrier in the state, not just local stewards. However, we would encourage each local steward to plan on attending. In addition, we will be having question and answer sessions during the entire convention and a special “Jam Session” on Monday evening to have an open dialogue with all carriers. The new steward system will be explained with potential assignments.

Safety Blitz Team

The Greensboro District has many safety blitz teams out and about the district trying to catch carriers not following safety rules. We must encourage you to make sure that you properly secure your vehicle when out of your mail vehicle. Make sure you turn the vehicle off, take your keys, set the emergency brake, curb your wheels, and lock your vehicle if you leave site of it. They are issuing discipline up to and including removal for violation these rules. Management believes that the “gotcha” attitude is the way that carriers will remember how to assure we follow the rules. Instead of just rewarding and giving accommodations for doing safe acts they want to make every carrier on the defensive and afraid of them. These management behaviors do not only apply for the proper parking rules, one office recently noticed some carriers did not go out and inspect their LLV prior to leaving and had a stand up and wanted to know if any carriers did not go out to perform this act and asked them to raise their hands. When some carriers raised their hand, management sent them out to do the inspection, but then gave them discipline after they voluntarily raised their hand.

We have to caution all carriers to do their job safely, but if given discipline because of a safety violation, please grieve.

Resolutions and Constitution Changes

One of the most important things that members do at the State Convention is submit possible resolutions and constitution changes to the delegates in attendance for consideration and possible adoption. These can be things that either only affect the state or may possible be sent to the National Convention for consideration.

Items that are sent on to National must be submitted and passed as a resolution at the State Convention. If it passes at state it is then submitted to National as either a resolution or constitution change.

If you have ideas to submit, please use the forms on page 10 and 11 of this publication and send to the State Secretary/Treasurer to be submitted to the appropriate committee at the convention. If you prefer you may bring them to convention and submit them to the appropriate committee there.

RESOLUTION

CHECK APPROPRIATE BOX

- BINDING
 NON-BINDING

The following Resolution is submitted at the 2012 Annual Convention of the NC Rural Letter Carriers' Association. It is hereby submitted to the Resolutions Committee of the 2012 State Convention in Nags Head, NC for consideration and appropriate action.

ISSUES

Check one:

- | | | |
|---|---|---------------------------------------|
| <input type="checkbox"/> AUTOMATION | <input type="checkbox"/> MAILCOUNT | <input type="checkbox"/> VEHICLE |
| <input type="checkbox"/> BENEFITS | <input type="checkbox"/> RELIEF DAY | <input type="checkbox"/> WORK RULES |
| <input type="checkbox"/> EMA | <input type="checkbox"/> RETIREMENT | |
| <input type="checkbox"/> GRIEVANCE PROCEDURES | <input type="checkbox"/> SALARY | <input type="checkbox"/> OTHER |
| <input type="checkbox"/> LEAVE REPLACEMENTS | <input type="checkbox"/> TIME STANDARDS | <input type="checkbox"/> CONSTITUTION |

The following procedures are suggested for effectively presenting state – adopted Resolutions:

- 1) Place only one Resolution per sheet.
- 2) Formatting instructions: Font-Times New Roman; Font Size 11;
New Language **BOLD**; Omitted Language ~~Strikethrough~~
- 3) Indicate if the Resolution is intended to be binding or non-binding (above).
- 4) Indicate the issue this resolution concerns (above).
- 5) Identify any Handbooks, Manuals, or Written Documents to be amended:
By: (a) Name of Document _____
(b) Article _____ Section _____ Paragraph _____
- 6) Explanatory paragraphs should be headed as follows: (If spaces below are inadequate, use additional sheets with the appropriate heading).

WHEREAS:

BE IT RESOLVED:

INTENT OF / REASON FOR CHANGE:

Signature _____

Date _____

NCRLCA CONSTITUTION CHANGE

The following Constitution change is submitted at the 2012 Annual Convention of the NC Rural Letter Carriers' Association. It is hereby submitted to the Constitution Committee of the 2012 State Convention in Nags Head, NC for consideration and appropriate action.

The following procedures are suggested for effectively presenting state-adopted Constitution Changes:

- 7) Place only one Constitution per sheet.
- 8) Present in Word document format.
- 9) Formatting instructions:
 - (a) Font - Times New Roman; Font Size - 11
 - (b) New Language **BOLD**; Omitted Language ~~Strike Through~~
 - (c) Article _____ Section _____ Paragraph _____

Explanatory paragraphs should be headed as follows: (If spaces below are inadequate, use additional sheets with the appropriate heading)

PRESENT LANGUAGE:

PROPOSED LANGUAGE:

INTENT OF / REASON FOR CHANGE:

Signature _____

Date _____

Staple resolution to this form

WHAT TO DO IN CASE OF ACTIVE CARRIER'S DEATH

1. Notify employee's immediate supervisor/postmaster;
2. Notify the Secretary/Treasurer of the National Rural Letter Carrier's Association and the State Secretary of the State RLCA where the deceased was a member. Give the Social Security number of the deceased employee;
3. If the deceased employee was in receipt of a benefit payment from the U.S. Department of Veterans' Affairs, you may notify the VA by calling 1-800-827-1000. Spouses may also be entitled to VA death benefits and assistance;
4. Notify local banks and/or postal credit union;
5. Notify the Social Security Administration at the local office;
6. Insurance companies for policies on life (if Provident Guild, write Secretary/Treasurer, 1315 Deerfield Rd., S.W., Dalton, OH 44618-9429; if Federal Employees Group Life Insurance contact local personnel office; if NRLCA Life Insurance, 1630 Duke Street, Suite 200 Alexandria, VA 22314), hospitalization (if NRLCA, write Rural Carrier Benefit Plan, 1630 Duke Street, Suite 200, Alexandria, VA 22314), house and automobile (local insurance carrier);
7. Notify the Internal Revenue Service and State Income Tax Department;
8. Check for safety deposit box and instructions;
9. Change name on all important papers to surviving party's name;
10. Notify supervisor/postmaster/employees of the time and place of memorial services;
11. Have mortuary obtain enough death certificates for your needs. They can advise how many;
12. Give supervisor/postmaster any items belonging to the Postal Service;
13. Papers to fill out (available in some post offices from personnel section or postmaster):
 - SF 2800 – application for death benefit
 - SF 1153 – claim of designated beneficiary for unpaid compensation
 - SF 1155 – claim for unpaid compensation, no designated beneficiary
 - FE 6 – claim for benefits, federal employee group life insurance
14. Check with personnel section or postmaster for annuity for yourself and any minor children;
15. If a previous marriage, secure divorce papers;
16. If a present marriage, secure marriage license;
17. If the cause of death is due to a job related injury, the Office of Workers' Compensation Programs (OWCP) will pay up to \$1000 burial expenses, minus any amount the VA pays;
18. In the case of job related death, the survivor may also apply for an annuity from the OWCP. He or she can then choose the higher amount, but there are precautions that you need to discuss with Personnel or the Union on this subject.
19. As a surviving spouse you are eligible to continue receiving the NRLCA magazine. Contact your State Secretary to see if the state pays for subscriptions. If they do not, you can mail a check for \$15.00 to the NRLCA to continue receiving the magazine.

Note: A will should be seriously considered. If there is no will, an executor must be named and an expensive court action could result.

NORTH CAROLINA AUXILIARY OFFICERS

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VICE PRESIDENT

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China Grove, NC 28023-9497
704-855-2629

SEC./TREAS.

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PAST PRESIDENT

MR. BARRY CORRIHER

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704-855-2629



Sarah Stewart

Auxiliary News

Let's Go to the Beach!

Pause for a moment in your busy day and take a little mind trip. Can you smell the ocean air? Can you feel the gentle coastal breeze? Can you hear the crashing waves? Do you have some sand in your shoes? Now, did you have a good trip? I can think of an even better one – Nag's Head for the state convention! If you haven't made plans for you and your family, why wait any longer? Details have been in recent issues of the Rural Carrier magazine. Official dates are Sunday, June 17th through Wednesday, June 20th.

Children ages 5 and older are invited to join the Junior Auxiliary for activities of fun, service, and education. Our agenda includes:

- Sunday afternoon – registration and collecting for National Project
- Sunday evening – “dress to impress” for candle lighting at Memorial Service
- Monday morning – Opening Joint Session with Association, Auxiliary, & Juniors
- Mid-morning Juniors meeting and planning
- Monday afternoon – swimming or pier fishing (fishing gear will be provided)
- Tuesday – “Trip Day” – Field Research Facility at Duck, N.C. Aquarium at Roanoke Island, and a Fun & Games place (flip flops not advised!)
- Tuesday evening – dinner and auction with families
- Wednesday morning – program for Auxiliary, Junior Contest winners announced

We will see the Currituck Lighthouse and maybe island horses, the Wright Brothers Memorial, Jockey's Ridge, and the Roanoke Island Lighthouse while on our day trip. (Time will not permit us to visit these attractions in one day, but perhaps families will be able to go during the week.)

Parental permission forms must be completed for children to participate in activities (will be available Sunday and Monday). Parent/grandparent chaperones are also welcome to go with us.

Juniors, don't forget to complete your Junior Contest Posters and Essays. They can earn you recognition and money at the State Convention and at the National Convention!

Please Note: You cannot win if you do not enter! Any questions, please call me.

North Carolina's Outer Banks are among my favorite places and come June 16th, I am going to the beach! Hope to see you there!

NCRLCA Dues for 2010-2011

- [] Regular...Cash.....\$547.00
- [] 1187...Bi-Weekly.....\$21.04
- [] Retired.....Cash.....\$97.00
- [] 1187R...Monthly.....\$8.08
- [] 73, RCA, RCR.....Cash.....\$180.00
- [] 1187.....Bi-Weekly.....\$6.92

The membership year begins July 1, ends June 30. Please make checks payable to **NCRLCA**. Checks or membership form should be mailed to Ronald L Lineberger, Secretary/Treasurer. The address is listed on page two.

NOTE: "Dues, assessments, contributions or gifts to NCRLCA are not deductible as charitable contributions for federal income tax purposes."

Official Convention Call

State Convention 2012

The state convention for 2012 will be held at the Ramada Plaza Hotel, located at 1701 S. Virginia Dare Trail, Nags Head, NC 27948. The date is June 17 through noon June 20, 2012. Official business will begin on June 18 at 8:30 am.

The National Officer attending this year will be our own Jeanette Dwyer, President NRLCA. Jeanette needs no bio, she has served our state well for several years in many capacities including State Steward before moving on to the National level. We are proud to have Jeanette back in North Carolina after serving her first year as NRLCA President.

MEMBERSHIP

If you have forgotten to pay your membership dues for the next year, please do so immediately. If your dues are delinquent, it could affect your Rural Carrier Benefit Plan. The most convenient way to pay is to sign a "dues withholding" form (1187 or 1187R for retirees). If you need a form, please contact a board member. Regular and substitutes can sign a form NOW.

June 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 PP-13
3	4	5	6	7	8 Pay Day	9
10	11	12	13	14 Flag Day	15	16 PP-14
17 Fathers Day	18	19	20 Summer Begins	21	22 Pay Day	23
24	25	26	27	28	29	30 PP-15

July 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Independence Day	5	6 Pay Day	7
8	9	10	11	12	13	14 PP-16
15	16	17	18	19	20 Pay Day	21
22	23	24	25	26	27	28 PP-17
29	30	31				

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